



# LET'S COACH A PATHWAY

## INSPIRING COACHES

Providing workshops for coaches that offer an opportunity to ask questions, create networks, and be inspired to provide sporting experiences that encourage players to be lifelong participants.

Our Coaching Pathway model offers coaches and organisations a pick and mix of one-off workshops, and or short or long courses.

Workshop and course topics?  
Please turn the page.

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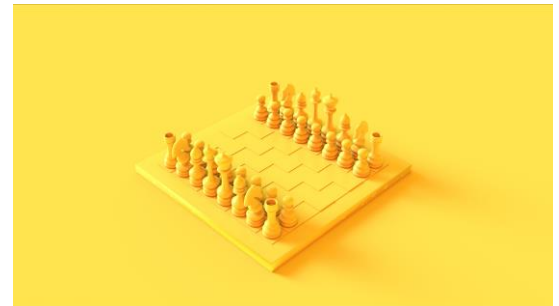
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### SMART COACH

Smart Coach is made up of three separate workshops that cover the ART of COACHING.

Designed as a package deal for those coaches who are in the early stages of their coaching experience.

Looking specifically at:

1. Why you want coach? What's in it for me? (WIIFM)
2. What makes a good coach?
3. Balance is Better-a holistic look at your players needs
4. Setting Boundaries: What are your expectations, for yourself, for your team, for your external stakeholders?
5. What's your communication like and why is it important?
6. Planning makes perfect, design, innovation, challenge
7. Being a good role model leads to being a good person.

### WORKSHOPS

These are designed to be a "pick n mix" which can be tailored to suit the group numbers, experience, and the collective WIIFM (what's in it for me); we also offer via zoom or face to face.

Topics include:

- Inclusiveness – Sport 4 All
- Strategic Planning for Sport – the basics to solid foundations
- Building Authentic Relationships
- Team Culture – There's no I in team.
- Gutsy Conversations and Conflict Management
- Balance is Better
  - Part 1: Influencing Movement for the Long Term
  - Part 2: Connecting with Sport 4 Life

### Certificate in Sport Coaching

Want to take your coaching to the next level? We have got you!

This is a nationally recognised certificate that builds on your basic understanding of what it means to coach.

It is a part time, half year commitment, that will challenge you to take a deeper look at your coaching, utilize and develop plans for activating new ideas, and encourage growth as you navigate the possibilities of what coaching means to you and to your players.