



# New Zealand Certificate in Sport Coaching (Level 3)

## LET'S COACH

The purpose of this qualification is to provide New Zealand individuals with the theory and practical knowledge to coach participants at entry level across a range of sports.

### TOPICS COVERED

- Getting to know your team
- Building your team
- Planning your coaching
- Your coaching in action
- Prevention for injury free athletes
- Communicating, a game for two
- Developing your athlete's skills
- Decision making athletes
- Game tactics and strategies

### DETAILS

- To enrol in this qualification, you need to be working with a sport team or be part of a sport club
- Students have a minimum of 26 weeks to complete both theory and practical learning activities
- The programme content reflects a range of authentic and practical learning and assessment methods to prepare coaches for entry level coaching
- Great workbooks and resources

**COST** Free

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